

Edgefield Ruby's Spa

Red-haired sorceress Ruby is the namesake of our signature Ruby Ale and, of course, spa. She is found in artwork throughout McMenamins. Edgefield Ruby's Spa (little sister to our original location at Grand Lodge) is the perfect spot to while away some time in complete relaxation and comfort.

Surrounded by lush flora, the soothing oasis of our soaking pool is the perfect complement to your visit. Our pool is open year 'round, and there are no added chemicals in the saltwater pool, resulting in a gentler soak. Bathing suits are required, and we provide a dressing room and lockers. Guests must be at least 18 years old or accompanied by an adult.

Please note: We recommend that you use the soaking pool prior to your appointment, to avoid rinsing away any skin care products after your treatment.

At Edgefield, the soaking pool is reserved for overnight guests and Ruby's Spa clients only.

Eminence Organics

Ruby's Spas are proud to offer this complete line of European beauty essentials containing all-natural organically-grown herbs, fruits and vegetables. Over 40 years of experience and extensive research are behind the effectiveness of these superior spa treatments, featuring a unique combination of fresh ingredients which are hand-mixed with thermal hot spring waters containing minerals and trace elements.

All of the Eminence products are handmade in Hungary without heating or hydrogenating processes. Vitamins are captured in their all-natural fresh state, offering dramatic results, as actual seeds, pulps and peels begin the natural regenerative and healing process. You can see and feel the difference immediately.

RUBY'S SPA

McMenamins Edgefield

SKIN CARE

Ruby's Spa Facial

30 minutes . . . \$95 60 minutes . . . \$135 90 minutes . . . \$175

Using fruits, herbs and spices, a thorough cleansing, exfoliation, masque and soothing facial massage performed by a trained aesthetician will make your skin shimmer and glow. The ingredients change with the season, to provide you with the freshest potion possible.

Clear Skin Facial

60 minutes . . . \$145

Let Mother Nature help cleanse and refine your complexion with healing, antibacterial element such as Hungarian mud, clays and more, custom blended for those with acne-prone or reactive skin. Our licensed aestheticians will give you suggestions on specially designed products and instructions to further treat your skin at home.

Rejuvenating Facial

60 minutes . . . \$145

This anti-aging treatment addresses the skin's loss of elasticity and environmental damage. Loaded with potent organic vitamins and rich plant greens, your skin will be lifted, toned and rebalanced. You'll feel revitalized, radiant and perhaps even years younger.

Sun & Moon Facial

90 minutes . . . \$175

Experience the warmth of the sun and the coolness of the moon – the natural acids of fresh apple and grape pulps blended with paprika and other warming herbs act as natural exfoliants and stimulating detoxifiers, while a chilled organic masque soothes your skin until it's illuminated.

Gua Sha

15 minutes....\$50

After a gentle cleanse (removed with hot towels), Camillia Glow face oil is applied, leaving your face with a luminous glow. Using a jade Gua Sha tool, gentle, rejuvenating pressure is applied. Gua Sha is based on ancient Chinese medicine and reported to have health and beauty benefits like improved circulation, reducing puffiness and relieving tension. After treatment, you are given your own Gua Sha tool to continue the practice at home.

Rejuvenating Hand Facial

30 minutes....\$65

This relaxing, rejuvenating, deeply hydrating treatment utilizes seasonally changing organic Eminence products. After a gentle tea cleanse, hands and arms are treated to an exfoliating sugar scrub, followed by a warm wrap. Then skin is hydrated with age-defying lotion.

Lymphatic Drainage

15 minutes....\$35 (only available as add-on treatment)

Our experts use organic Eminence products to release toxins and reduce puffiness. Add this relaxing treatment to any facial

Patchology for Eye or Lip

15 minutes....\$40

After a gentle cleanse around the eyes, Patchology hydrogel patches are applied to target specific concerns such as fine lines, puffy eyes and dark circles. When patches are removed, serum is massaged into skin to hydrate and repair. Treatment includes four individual eye or lip patches for at-home use.

Ruby's Spa Back Treatment

60 minutes....\$145

Using exotic spices, fruits and vegetables, this back treatment will increase circulation and cleanse and exfoliate your shoulders and back, specific to your skin's needs. Finally, aromatic body butter will be smoothed into your skin so you're refreshed and glowing.

Clarifying Back Treatment

60 minutes....\$145

We'll refine the tender skin on your back using natural products, specific to your skin concerns. A healing blend of fresh fruits and vegetables will be used to cleanse and exfoliate your skin, while treating breakouts at the source. Finally, enjoy the luscious scent of a whipped moisturizer that will keep your skin hydrated and clear.

Bright Eyes Treatment

Add to any facial . . . \$25 Stand-alone treatment . . . \$30

Relax and destress as we use natural products to gently exfoliate and stimulate your eye area, reducing puffiness and dark circles. A pressure point massage gently eases away any remaining signs of stress.

Full-fill Lip Treatment

Add to any facial . . . \$25 Stand-alone treatment . . . \$30

We'll exfoliate, hydrate and plump your lips using natural peptides and hawthorn berries that aid in building collagen and filling in fine lines.

Elixir Oil Treatment

15 minutes: Add-on . . . \$25 Stand-alone . . . \$30

A soothing application of elixir oil massaged into the head and scalp providing deep levels of relaxation.

Add Paraffin

Hand . . . \$15 Feet . . . \$15 Both . . . \$25

BODY TREATMENTS

Edgefield Seasonal Body Works

60 minutes...\$140

Natural, seasonal ingredients are used to scrub, wrap and soothe your entire body from head to toe. Simply wonderful.

Detoxification Body Treatment

60 minutes...\$140

Done a bit too much celebrating lately? In this treatment, we'll use natural products to scrub and wrap your body while harmful toxins are drawn out. Then, after the product removal, your skin will be soothed with a calming finishing lotion. It'll help cure what ails you.

Body Scrub

45 minutes...\$100

The technician begins with a light jasmine green tea cleanse. This is followed by an exfoliating coarse sugar scrub and soothing warm towels. After removing the scrub, body butter is applied to fully moisturize the skin.

CBD Body Scrub

45 minutes...\$130

The technician begins with a light jasmine green tea cleanser. This is followed by an exfoliating CBD Himalayan pink salt scrub and soothing warm towels. After removing the scrub, a manuka honey body lotion is applied to fully moisturize the skin.

MASSAGE

Ruby's Spa Massage

30 minutes . . . \$95 60 minutes . . . \$135 90 minutes . . . \$175

Luxurious oils are used with gentle massage techniques to assist with stress relief and muscle aches. Our skilled therapist will incorporate different techniques to make your experience unique.

Hot Stone Massage

60 minutes . . . \$155 90 minutes . . . \$190

Warm basalt stones and rich oils create a truly relaxing massage. The heat of thermal stones releases tension along the body's pathways (spine, shoulders, legs and back). Your therapist will then use the stones with massage techniques to rebalance and renew your energy.

Spellbound Aroma Massage

90 minutes . . . \$185

Incorporating the healing powers of custom-blended aromas, this massage will take you to a dream state of relaxation. Soothing, kneading and stretching massage strokes will leave you thoroughly rejuvenated.

Hammerhead Deep Tissue Massage

60 minutes . . . \$145

Feel your body give a sigh of relief as tension bound deep within your muscles is released with this powerful, effective treatment. Organic oils and therapeutic massage provide intensive therapy for muscles, joints and ligaments.

Mommy-To-Be Massage

60 minutes . . . \$135

Designed to pamper the expectant mother at any stage of pregnancy, we offer gentle relief from the natural tension and physical demands of pregnancy, while restorative oils nourish and soothe overworked skin.

Couple's Massage

60 minutes . . . \$285 90 minutes . . . \$365

Try a side-by-side appointment, where you'll both be treated to a massage by two trained therapists. Let them knead, ease and relieve tension as you and your partner enjoy each other's company.

Chair Massage

15 minutes . . . \$40

When you're looking for the quick relief of a soothing massage but don't have much time, our chair massage focusing on the back, neck and shoulders is just the thing!

Elixir Oil Treatment

15 minutes: Add-on . . . \$25 Stand-alone . . . \$30

A soothing application of elixir oil massaged into the head and scalp providing deep levels of relaxation.

Add Paraffin

Hand . . . \$15 Feet . . . \$15 Both . . . \$25

Add Myofascial Cupping

Add to any table massage . . . \$15

Deep release of myofascial tissue.

CBD Oil Blend

Add to any table massage . . . \$30

FOOT AND HAND THERAPY

Foot Massage

45 minutes . . . \$85

Relax, refresh and revive your tired feet with a foot soak and massage.

Foot Treatment

60 minutes . . . \$100

This foot massage also includes an exfoliation and a soothing paraffin wax treatment.

Hand Therapy Massage

45 minutes . . . \$75

Soothing relief for tired hands and forearms; our therapists will use focused massage techniques to work out the kinks in your muscles. As an added benefit, they'll work in a sugar scrub and paraffin wax to leave your skin soft and moisturized.

NAIL SALON

Please note that sitting in the soaking pool after a nail treatment will cause your polish to bubble; we suggest you arrive early to enjoy the pool before your treatment.

Edgefield Manicure

45 minutes . . . \$65

Nails are filed and smoothed, cuticles tidied and skin exfoliated, softened and massaged. Finally, a warm mitten or boot wrap deeply conditions your skin.

Finish with a nail buff or polish of your choice.

Edgefield Pedicure

60 minutes . . . \$75

Ruby's Express Manicure

30 minutes . . . \$50

Ruby's Express Pedicure

45 minutes . . . \$60

In a bit of a hurry? Enjoy the benefits of our express nail services that use seasonal products from a changing menu. Nails are trimmed, cuticles are tidied and your skin is lightly massaged. Finish with a nail buff or polish of your choice.

Shellac

Add to any manicure or pedicure . . . \$20 Removal . . . \$10

Shellac polish (available only on hands) . . . \$30 Add French . . . \$10

Shellac is a nail color treatment that is applied like a polish and set under a UV lamp, resulting in an instantly dry color that lasts for up to two weeks.

Polish Change Only . . . \$30 French Manicure or Pedicure . . . add \$10.

Manicure or Pedicure . . . add CBD manuka honey body lotion \$15

Lash Tinting

Lash Tint only . . . \$25 Lash & Brow Tint . . . \$45

Lash & Brow Tint w/ Lip or Brow Wax . . . \$65

Lash & Brow Tint w/ Lip & Brow Wax . . . \$82

Brow Tinting

Brow Tint only . . . \$25 Brow Tint w/ Brow Wax . . . \$42

Brow Tint w/ Lip & Brow Wax . . . \$60

WAXING

Depilatory Waxing

Brows \$22

Bikini \$47

Brazilian \$72 and up

Full leg..... \$72

Half leg..... \$47

Full arm \$42

Half arm..... \$32

Underarm \$22

Lip or chin \$20

Lip & brow or chin \$37

RUBY'S SPA PACKAGES

The Perfect Potion

\$280

A great way to enjoy our most popular services. Start off with an hour-long Ruby's Spa Massage. Next, enjoy an hour-long Ruby's Spa Facial and a 45-minute Ruby's Express Pedicure.

Ruby's Retreat

\$382

Need some serious pampering and luxury? This is your package. Begin with an hour-long Ruby's Spa Massage. Next, enjoy a lavish 90-minute Sun & Moon Facial, followed by an Edgefield Manicure and Pedicure.

MEN'S TREATMENTS

Shape & Buff

30 minutes . . \$45

Your nails will be filed and shaped, removing rough edges and cuticles.

Foot Massage

45 minutes . . . \$85

Relax, refresh and revive your tired feet with a foot soak and massage.

Foot Treatment

60 minutes . . . \$100

This foot massage also includes an exfoliation and a soothing paraffin wax treatment.

Hammerhead Deep Tissue Massage

60 minutes...\$145

Feel your body give a sigh of relief as tension bound deep within your muscles is released with this powerfully effective treatment.

Workingman's Facial

60 minutes...\$135

Feeling rough and dry?

Let us cleanse, exfoliate and moisturize your visage
so it's soft, smooth and refreshed.

Waxing

Back or chest....\$47 and up

SOAKING POOL

Slip into the soothing ripples of our soaking pools as the perfect complement to your visit. At Edgefield, the freeform pool in private surroundings behind the spa inspires calm and relaxation. Soaking pool access is included with overnight hotel stays and spa services.

Gently heated and open year-round, the pool is sanitized using a saltwater system (chlorine is not added directly; it is generated through the cleaning system). Bathing suits are required, and guests must be 18 years old or accompanied by an adult. Robes and towels are provided.

Please note: We recommend that you use the soaking pool prior to your spa appointment, to avoid rinsing away any skin care products after your treatment.

Soaking Pool Appointments

No spa treatments available, but still want to soak?

Book 90 minutes for \$45 by calling the spa: (503) 665-1357

Monday-Friday: 10:15am, noon, 1:45pm & 3:30pm

Saturday-Sunday: 11am, 1:15pm & 3:30pm

Arrive 15 minutes prior to your soak time

A FEW THINGS TO NOTE . . .

- **Plan ahead.** We recommend scheduling your appointment prior to visiting the spa for the greatest availability of services. We require a credit card to secure your spot.
- **Arrive ahead of time.** Please arrive at least 15 minutes prior to your appointment. We are committed to beginning and ending your services on time. Any late arrivals are required to pay the full price for shortened services. Please shower prior to any treatment.
- **What to wear.** A robe and spa slippers are provided for use during your visit. Hotel guests may arrive at the spa in the robes provided in their room. All therapists are highly skilled in correct draping procedures to ensure complete privacy and comfort. If you prefer, you may choose to leave undergarments on during your services.
- **When booking seven or more appointments.** A 50% deposit will be required at time of booking.
- **Cancellation policy.** Please let us know 24 hours in advance if you need to cancel or change a scheduled appointment. We charge 50% of the service fee for cancellations or changes made with less than 24 hours notice. No-shows are charged the full-service price.
- **We'd like to know.** Please inform us of any special needs that require extra attention. If you are pregnant or have a medical condition, certain treatments are not recommended.
- **Age guidelines.** Guests of Ruby's Spa must be at least 18 years old or accompanied by an adult.
- **What to bring.** Please remove jewelry prior to visiting the spa, and refrain from bringing valuables. Day lockers are available for guests not staying at the hotel. Bring your swimsuit to enjoy the soaking pool.
- **Tips.** Gratuities are not included in pricing and are appreciated in acknowledgment of superior service.

Prices and services are subject to change without notice.